



A NEWSLETTER DEDICATED TO THE ACHIEVEMENTS
OF JENNIFER M WHITTALL LTD - THE TEAM AND CLIENTS

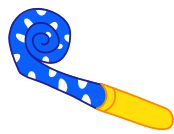
Thinking OUTSIDE THE BOX

Edition 8

News

Alzheimer's Charity

Associate Lisa Thacker is proud to announce her sponsored walk raised a whopping £313 for the Alzheimer's Society, a charity which is very close to Lisa's heart.



Winter 2019/20



Welcome to our Winter Edition.

You will have noted in our Summer Edition, our reference to the Summer Event called The Big CWTCH Festival which raises money for charities (<https://www.thebigcwutch.com/>).

This year the event has raised money for their Headline Charity Ski4All Wales and Roy Castle Lung Foundation. Bethan Drinkall shared *"this has been the busiest festival yet with record number of visitors. The overall support and money raised from ticket sales, merchandise and onsite revenues allows us to support this inspirational charity throughout the year, including purchasing valuable equipment of helmets, hoists, some 7 sit skis, plus ongoing support for all the important BASI ski instructor training. We were delighted to hand over a cheque for a staggering £8,000"*.

This is a fantastic Charity, one of which is greatly enjoyed by one of our clients who not only volunteers there, but also

will be attending the annual trip to Verbier, Switzerland in 2020.

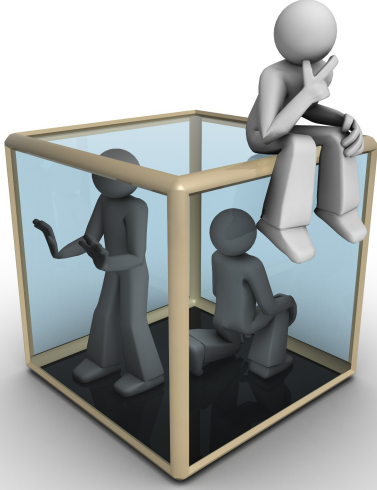
It is lovely to see our clients grow and enjoy the many experiences that are open to them with the help of such facilities as this.

With the right multi disciplinary team, the rehabilitation journey for our clients should help them embrace the new challenge that lies ahead of them.

We would like to take this opportunity to thank all of our clients, their families and professionals we have had the pleasure to work with and would like to wish you all.....

Best Wishes for 2020 from the Team





New Year Inspirational Quotes

Here are some of the Team's favourite quotes to start the year with:

Quote 1

What the New Year will bring to you will depend a great deal on what you bring to the New Year.

Vern McLellan

Quote 2

No one can go back in time to change what has happened. So work on your present to make yourself a wonderful future.

Quote 3

The new year stands before us, like a chapter in a book, waiting to be written.

.Melody Beattie

Winter Sun



Many of us hate this cold weather and are looking for some winter sun. The MARYSOL in Tenerife offers an excellent choice of hotel to relax for those with or without disabilities "in an environment without barriers".

Not only does this hotel offer wheelchair accessible rooms with raised toilet and handles, it offers adapted bus transfers, rental of aids, you can also access the therapy Centre for holistic treatments or attend wheelchair rugby, electric chair jockey. Furthermore their LeRo Service Centre has a professional team of Registered Nurses who can be hired to provide assistance during your stay. For more information visit <https://www.marysol.org>.



On 28 June 2019, the MARYSOL was awarded the Honour Plate as it is considered a good example of thoughtful planning that takes into account disabled people and the elderly.

Quote 4

A DREAM written down with a date becomes a GOAL. A goal broken down into steps becomes a PLAN. A plan backed by ACTION becomes REALITY.

If you have any questions or useful facts you would like us to use in our next Edition, please email the Team at enquiries@jmw-ltd.co.uk